

THE MEN'S ROOM

THE EDIT

By Domhnall O'Donoghue

ALL THAT'S HIP, HOT AND HAPPENING IN THE MEN'S ARENA



BEDROOM AEROBICS

This summer's Olympics clearly illustrated something that us Irish have known for years: when it comes to boxing and riding, we are the best in the world. And the results of a new, extensive sex survey further support this boast – well, in terms of the riding at least.

The Durex Sexual Wellbeing Global Survey found that two-thirds of Irish couples throw some horizontal moves at least once a week, an average that saw them leave the Japanese (27%), Australians (62%) and the Swiss (62%) trailing in their wake.

Admittedly, once in between the sheets, we may only last half as long as our counterparts in Hong Kong – who enjoy an impressive 29 minutes – but, with an average of 17 minutes' activity, let's not be too tough on ourselves. We're still in less of a hurry than our British friends, who finish up a full three minutes ahead of us. Is it any wonder Prince Harry was forced to flee to Vegas to get his kicks?



C'EST CHIC

Paris, the capital of style, has gone up a sartorial notch with the recent addition of a Prada corner on the second floor of très chic department store, Printemps.

Designed by architect Roberto Baciocchi, the area's ebony wood, marble portals, palladium metal ready-to-wear display cases, and rust-coloured ostrich leather seating result in a pleasing aesthetic effect for a luxurious yet masculine décor. And the clothes, footwear, luggage, and small leather goods are, needless to say, *la dernière cri*.

HORNY DEVILS

If you fancy making that 17 minutes a full half-hour, be sure to pick up the Durex Play Little Devil, €8.25, next time you're in the local pharmacy.

With cheeky devil horns that ensure enhanced stimulation for her and a vibrating ring that gives added pleasure for you, Durex Play Little Devil provides a whopping thirty minutes of saucy vibrations. Sounds like devilish fun!



THE BEST EROTIC MARIGOLD HOTEL



A new poll, conducted by notorious married dating website AshleyMadison.com, has shown that 68% of Irish cheaters play out their affairs within a hotel room.

With discretion of paramount importance to Irish philanderers, 92% of cheaters book rooms under false names while 84% pay in cash to avoid a paper trail of incrimination.

Those engaging in affair trysts appear to be flash with the cash, too. We're not naming names but it's distinctly high-end hostelrys that make up four of the five most popular places for Irish cheaters.

BODY & SOUL



A NEW YOU

Looking to kickstart a New Year's health programme? Look no further than Absolute Sanctuary, a premium, Moroccan-inspired boutique resort on the tropical island of Koh Samui in Thailand.

The go-to destination for those seeking a body overhaul, it offers a diverse range of detoxification programmes and healing body therapies designed to recharge flat batteries and help guests trim down and tone up. Facilities include three purpose-built yoga studios, a fully equipped gymnasium, pool, steam room, juice bar and a highly acclaimed restaurant, The Love Kitchen, serving delicious, nutritious cuisine, what's not to like? It is, in short, the perfect place to clean the mind and body. The soul is, of course, optional. Further details online at absolutesanctuary.com or on +66 7760 1190.

HE SUITS, HE SCORES

Footballers and fashion don't always make for a happy union but former League of Ireland player cum RTE pundit Pat Morley certainly knows his Cerutti from his Calvin Klein and is putting his sartorial know-how to excellent use. Specialising in made-to-measure suits whose high end quality belie their mid-market prices - two-piece, slim-fit suits start from a mere €395 – Morley's Cork-based company, Lapel 1865, is rapidly becoming a go-to destination for those with Champagne tastes but Prosecco purchasing power. Following an initial fitting, suits are completed within four to six weeks. Further details online at www.lapel1865.com



HOT UNDER THE COLLAR

Fashion giant Tommy Hilfiger is introducing a capsule collection with the help of US outerwear brand Blauer.

Comprising two jackets for men, €599, (and two for women), there are only 200 of each style, and because every piece will have its own unique number embossed in the inside pocket, they are destined to become collectors' items. Available now in the Grafton Street store and also online (www.tommy.com).

With all limited collections, you may have to fight to get one, but at least you'll have something impressive to wear for your court appearances.



TREND IT LIKE BECKHAM

A recent survey from Miinto.ie has proven what Irish women have known for years: that Irish males lack the fashion sense that the fairer sex love and crave.

The overall results illustrated that 59% of women surveyed rate the fashion sense of Irish men as average, 58% of women would not continue to date a poorly dressed man, 40% of women buy their other half's clothing for them, and 39% would love their men to dress like David Beckham with Gary Barlow following closely in second place for his three-piece suits and more tailored dress sense.

Tracksuit bottoms, runners, and hoodies are not an outfit to turn heads, it appears. So, take note lads: if you want her to rip your clothes off, be sure that they're stylish, rather than sporty, and on-trend.

MAY THE BEST MAN WIN

At this year's People of the Year Awards, explorer and adventure racer Mark Pollock was recognised for his determination in overcoming significant physical adversity and constantly pushing new boundaries.

Pollock, who is blind, paralysed and wheelchair-dependent, has taken part in many extreme races, including the Everest and North Pole Marathons, and is also the first blind man to race to the South Pole and to co-skipper a boat in the Round Ireland Yacht Race. And if that's not enough, he's also currently exploring the frontiers of recovery through aggressive physical therapy and the use of robotic technology. A worthy winner, then!



COMEDY

JUST FOR LAUGHS

Since winning the 2008 *if.comedy* Best Newcomer Award for her eponymous debut solo show, Sarah Millican's *Not Nice* at the Edinburgh Festival Fringe, the loveable Geordie has fast established herself as a household name. After two sell-out national tours, playing to over 200,000 people, Millican is set to embark on another with a date in Dublin's Olympia Theatre on the itinerary. The gig is a long way off yet (February, 2014), but seeing as tickets are sure to be snapped up, those who book early will be having the last laugh. Tickets cost €29-€30 including booking fee. Further details online at ticketmaster.ie and mcd.ie

