

VOGUE

JAN
£4.10

ARM CANDY

Welcome the
multi-tasking
handbag

The POWER of PRINT

COOL SCHOOL

Introducing the
new models

The FLORENCE phenomenon

WOMEN
UNDER SIEGE
A postcard
from Libya

Beauty
REVAMP
special

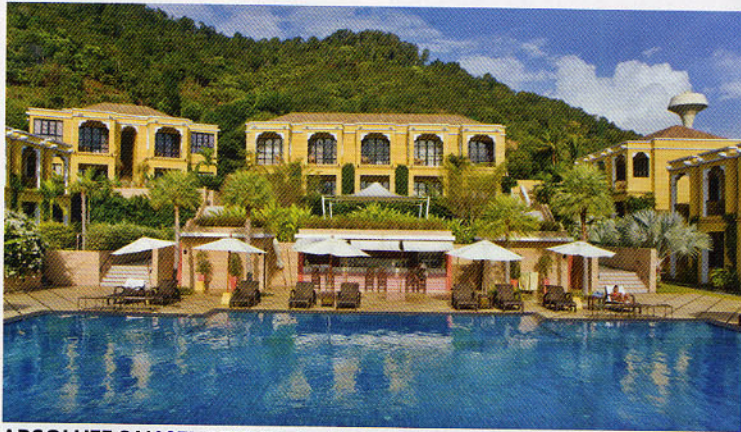
Style duo
Two perfect pieces
to grab **NOW**

Escape

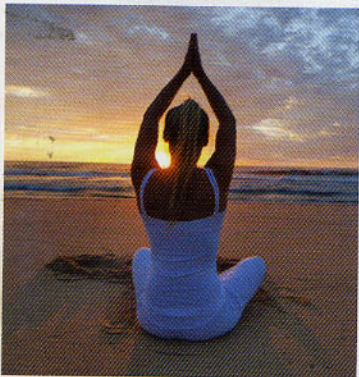
DREAM LOCATIONS, REAL ADVENTURES



Detox Retreats...



ABSOLUTE SANCTUARY, Thailand's Premier Detox & Yoga Resort on Koh Samui Island. A stunning, Moroccan-inspired resort designed to re-fuel you with good energy, exquisite nutritious cuisine and healing body therapies. Absolute Sanctuary blends relaxing accommodation with a wide range of detoxification programs, inspiring yoga retreats, spa-based healing therapies and a spa restaurant serving stunning, nutritious cuisine. This beautiful resort caters to those seeking a journey back to balance, rejuvenation and wellness. Visit www.absolutesanctuary.com or call +66 7760 1190 for more information.



REAL BOOT CAMP SPAIN are a new type of boot camp where you can wind down and tone up at the same time, with plenty of time to relax and a little luxury thrown in. They offer an affordable option to people who would like to lose weight, detox and tone up through a fresh, holistic approach to exercise and nutrition. Visit www.RealBootCampSpain.com



WITHERDENS HALL is a much-loved, award-winning, boutique organic spa retreat set in the stunning countryside of Kent. Their peaceful environment gives weary bodies and frazzled minds all the calming space needed to have a deeply relaxing, rejuvenating break. Their guests leave feeling vibrant, happy and ready to take on the world. They recommend early booking as places are limited. Contact them on 01227 720543 or info@witherdenshall.co.uk For further details, visit their gorgeous website at www.witherdenshall.co.uk



THE LIFECO in Bodrum runs Detox and Weight Loss Programs (Master Detox, Green Juice Detox, Green Salad Detox, Vegetable Detox; lasting 1-21 days) that can help remove toxins from your body while increasing your energy levels. Also available are massages, a Turkish hamam, yoga and meditation classes, and facials along with talks, books and DVDs to help teach you about healthy living. Visit www.thelifeco.com for more information.



THE LIFECO takes well-being services to the sea this summer 2012! They will be providing an exclusive alternative to the well-being programs available at the detox center in Göltürkbükü, Bodrum, Turkey. Customers will now be available to embark on a 7-day detox onboard their Lagoon 620, catamaran visiting Gökova, Hisarönü and optionally, the Greek islands of Leros, Kalimnos, Kos, Simi and Patmos. For more information contact them at blue@thelifeco.com



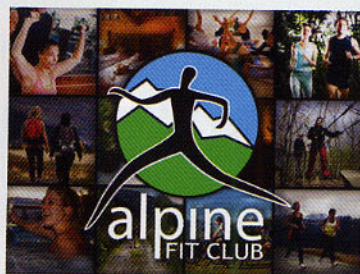
NEW BODY & MIND COMPANY. Detox on a tropical beach in Thailand with New Body and Mind! Their programs merge the ancient healing arts of the East with the modern technological advancements of the West. They have combined courses of yoga, herbal cleansing, massage, fasting and extensive workshops offering unparalleled detox and rejuvenation programs that can change your outlook on life forever! Visit www.newbodyandmind.com or call them on +66(0)848 467 182.



THE MARBLES EXPERIENCE
Transform, Achieve, Succeed!
Weight Loss & Fitness Holidays Spain.
Call +44 151 324 0079 or visit www.marblesweightloss.com



RFH have been providing weight-loss, fitness and activity holidays in Spain since 2004. With total flexibility over arrival dates and duration; luxury hotel accommodation right on the doorstep of one of the most picturesque towns in Andalucia; a specially-prepared menu in a Michelin-recommended restaurant; dedicated, professional staff; and fantastic spa and gym facilities, RFH will help you to change your life. Visit www.rfhfitness.com or call 0-800-520-0814.



THE ALPINE FIT CLUB is a fun fitness holiday in the stunning French Alps, encouraging you to embrace an outdoor lifestyle. You will go home feeling refreshed, energised, full of life and with a sense of well being you may not have felt for a long time. £895pp incl. luxury accommodation, Hot Tub, Sauna, massage, visit to Thermal Baths and overnight camp. Book online at www.alpinefitclub.co.uk or call 01342 302 910 for more information.



No.11
Confidential, bespoke & exclusive

No.11 provides an exclusive and discrete treatment programme catering to high profile individuals and executives from across the globe. Every client benefits from a bespoke and comprehensive treatment plan specifically tailored to their needs with a holistic approach, focusing on the key areas of mind, body and soul. Their luxury facilities include the tranquility of a Kent countryside manor or their private townhouse nestled in a quiet Kensington mews. Call 020 7581 8222 or visit www.no11clinic.com to find out more.